

Pastor John

Preaching

Today's sermon:  
**Rest Versus Restlessness**

1

The Bible wasn't given just to increase our knowledge, the Bible was given to change our life...

- today we ask the spirit of God
- to use the word of God
- to transform us to be like the Son of God

2

**Psalms 62:1 (NIV).**  
**"My soul finds rest in God alone."**

3

**Psalms 23:2**  
**"He makes me lie down in green pastures,"**

4

**Song of Solomon 1:7 (NIV).**  
**"Tell me, you whom I love, where you graze your flock and where you rest your sheep at midday."**

5

**Genesis 2:2-3 (NIV).**  
**"By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. And God blessed the seventh day and made it holy, because on it he rested from all the work of creating he had done."**

6

**Two interesting things about the 7th day of creation:**

- a) **The Seventh day is the only day God blessed**
- b) **It is the only day that has never said to have ended**

7

**Hebrews 4:9-11 (NIV).**

**9 "There remains, then, a Sabbath rest for the people of God; 10 for anyone who enters God's rest also rests from his own work, just as God did from his. 11 Let us, therefore, make every effort to enter that rest."**

8

**Mark 6:30-31 (NIV).**

**30 "The apostles gathered around Jesus and reported all to him all that they had done and taught. 31 Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, come with me by yourselves to a quiet place and get some rest."**

9

**Interesting things about sheep**

- 1. Sheep will not rest when they are hungry.**

10

**Psalms 119:103 (NIV).**

**103 "How sweet are your words to my taste, sweeter than honey to my mouth!  
104 I gain understanding from your precepts; therefore, I hate every wrong path."**

11

**Psalms 1:2 (NIV).**

**"The wise man his delight is in the law of the Lord, and on his law, he meditates day and night."**

12

**Interesting things about sheep**

1. Sheep will not rest when they are hungry.
2. Sheep won't rest when they are worried.

13

**Cruise Ship Caught in Monster Storm Video (NO SOUND)  
Play while John tell the story (42 seconds)**

14

**Philippians 4:6-7 (NLT).**

**6 "Don't worry about anything; instead, pray about everything. Tell God what you need and thank him for all he has done. 7 If you do**

15

**this, you will experience God's peace, which is far more wonderful than the human mind can understand. This peace will guard your hearts and minds as you live in Christ Jesus."**

16

**Interesting things about sheep**

1. Sheep will not rest when they are hungry.
2. Sheep won't rest when they are worried.
3. Sheep won't rest when they are irritated.

17

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18



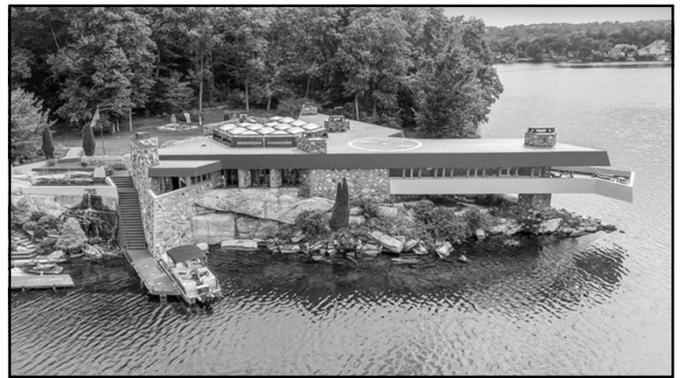
19



20



21



22

**Galatians 5:22.**

**That when the Holy Spirit controls our life it will produce this kind of fruit in our souls ... love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.**

23

**Matthew 11:28-29 (NIV).**

**“Come to me, all of you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.”**

24

**Spiritual disciplines are a point of contact where I meet God and experience the power and influence he's exerting over my life.**

25

**Spiritual disciplines are: solitude/silence; prayer; journaling; study; meditation; fasting; confession; fellowship; stewardship/sacrifice; worship; service; witnessing; scripture memorization (these disciplines are merely tools to help us grow)**

26

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27