

**Today's Sermon:**  
**"Pray With Thanksgiving "**

**JOY RIDE**

1

Philippians 1:1-11 (NIV)

1 Paul and Timothy, servants of Christ Jesus, To all God's holy people in Christ Jesus at Philippi, together with the overseers and deacons : 2 Grace and peace to you from God our Father and the Lord Jesus Christ. 3 I thank my God every time I remember you. 4 In all my prayers for all of you, I always pray with joy 5 because of your partnership in the gospel from the

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first day until now, 6 being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. 7 It is right for me to feel this way about all of you, since I have you in my heart and, whether I am in chains or defending and confirming the gospel, all of you share in God's grace with me. 8 God can testify how I long for all of you with the affection of Christ Jesus.

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9 And this is my prayer: that your love may abound more and more in knowledge and depth of insight, 10 so that you may be able to discern what is best and may be pure and blameless for the day of Christ, 11 filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God. through Jesus Christ—to the glory and praise of God.

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"From the beginning the golfer may as well be convinced that he can never learn to stay out of difficult situations. He will have to learn to get out!"

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John 16:33,  
"In the **world** you **are**  
going to have  
**tribulations!**"

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**"Problems** are a **sign** of **life**. I don't want to add a **sour note**, but **all** of you are going to **have problems** right up to the **moment** you **die**, and **some** of you are going to have problems **after** you die!"

Norman Vincent Peal, Author

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The **theme** of the book of **Philippians** is **rejoice**; the **attitude** of **contentment** is constant in the 104 verses of this letter!

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### **Steps In Handling Hardship:**

1. Pray with **“thanksgiving”**
  - a) Prayer must be a **first response** and **not a last resort!**

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Philippians 4:6,  
 “Now, don’t worry about anything, but rather pray about everything **with thanksgiving**; and the **peace of God**, which **transcends all understanding**, will guard your **hearts** and **minds** in Christ Jesus!”

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James 5:13,  
 “Is any of you **in trouble**? Let him **pray!**”

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We **are** what we **repeatedly do**.  
Excellence is **not** an **act** it is a **habit!**

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**B** - BASIC  
**I** - INSTRUCTION  
**B** - BEFORE  
**L** - LEAVING  
**E** - EARTH

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Psalm 46:1,  
 "God is our **refuge** and  
**strength**; an **ever present**  
**help** in trouble!"

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### Steps In Handling Hardship:

1. Pray with **thanksgiving**"
2. Pray with a **spirit** of **gratitude**,  
 rather than an **attitude** of  
**grumbling**.

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Philippians 1:3,  
 "I **thank God** every time I  
**remember** you!"

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Acts 16:25,  
 "About midnight Paul and  
 Silas were **praying** and  
**singing hymns.**"

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Philippians 1:3,  
 "I **thank God** every time I  
**remember** you!"

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## “Pray With Thanksgiving ”

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## ***Positive byproducts:***

- Joyful Spirit

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Philippians 1:4,  
 “In all my prayers for all of you I ***always*** pray with ***joy***, because of your partnership in the Gospel.”

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## “Pray With Thanksgiving ”

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## ***Positive byproducts:***

- Joyful Spirit
- Optimism about people

35

Philippians 1:6,  
 “Being ***confident*** of ***this***; that He Who ***began*** a ***good work*** in you will ***carry it on*** to ***completion***, until the day of Jesus Christ.”

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**“Pray With Thanksgiving ”**

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***Positive byproducts:***

- Joyful Spirit
- Optimism about people
- Deeper relationships

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Philippians 1:7,  
“It is **right** for me to **feel this way** about all of you, since I have you **in my heart!**”

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Philippians 1:8,  
“God can **testify** how I **longed** for **all** of **you**, with the **affection** of Jesus Christ!”

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**“EGR Christians”  
Extra Grace  
Required!**

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Galatians 6:2, "**Carry** one another's **burdens**...."

Galatians 6:5, "**Carry** your own **burdens**...."

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44

F - I - D - O  
Forget It  
Drive On!

45

"Pray With Thanksgiving"

JOY RIDE

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### Steps In Handling Hardship:

1. Pray with **thanksgiving**"
2. Pray with a **spirit of gratitude**, rather than an **attitude of grumbling**.
3. Pray for **God's glory**, instead of **self-gratification!**

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Philippians 1:9,  
 “.... that your **love** may  
**abound** more and more, in  
**knowledge** and **depth** of  
**insight!**”

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Psalm 55:22,  
 “Cast your **cares** on The  
 Lord, and He will **sustain**  
 you. He will **never** let the  
 righteous **fall!**”

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**“Pray With Thanksgiving ”**

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First, I have  
**Released It**  
**To God.**

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**“Pray With Thanksgiving ”**

**JOY RIDE**

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Secondly,  
***I release it to God, again***”, in prayer,  
every day!

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“The happiest people i know are those who have learned to hold everything loosely, and have given the worrisome, stress-filled, fearful details of their lives into god’s hands.”

Charles Swindoll, Pastor & Author

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Matthew 11:28-29,  
“Come unto Me, all ye that labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn of Me, for I am meek and lowly in heart, and you will find rest for your souls. My yoke is easy, and My burden is light.”

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***Heavenly Father,  
I know that I am a sinner,  
and I ask for Your forgiveness.  
I believe Your Son Jesus,  
died for my sins and rose from the dead.  
I turn from my sins and  
invite Him into my heart and life.  
Jesus, I want to trust and follow You  
as my Lord and Savior.***